



Third Wave CBT Approaches

At this year's BABCP conference, we are delighted to be able to offer a range of workshops, keynotes and symposia relating to third wave approaches:

WORKSHOPS

Places on these full-day workshops, which take place on Tuesday 20th July, are limited, please register early at www.babcpconference.com

Workshop 9. Distinctive Features of Dialectical Behaviour Therapy (DBT): Using DBT to treat clients with Personality Disorder, Multiple Comorbidities and High Risk

Michaela Swales, School of Psychology Bangor University & Betsi Cadwaladr University Health Board

Workshop 22. Acceptance, Mindfulness and Values for CBT Therapists

Eric Morris, South London & Maudsley NHS Foundation Trust/ King's College London and Joe Oliver, South London & Maudsley NHS Foundation Trust

KEYNOTE

Third Wave Therapies for People with Intellectual Disabilities

Professor Chris Cullen

Keele University and North Staffordshire Combined Healthcare NHS Trust

SYMPOSIA

Mindfulness and Acceptance Approaches with people with Psychosis: New Research

Convenor: Joe Oliver, South London & Maudsley NHS

Clinical Roundtable: A case of Chronic Anorexia Nervosa: Can we offer something new?

Convenor: Lucy Serpell, North East London Foundation Trust & University College London

Panel Discussion: What should we use? NICE Recommended Treatments for Depression

Convenor: Heather O'Mahen, University of Exeter

Dialectical Behavior Therapy for Substance Abuse in Individuals With Borderline Personality Disorder: State of The Art

Convenor: Thomas R. Lynch, University of Exeter

SKILLS CLASS

Teaching Core mindfulness skills in Mindfulness-based Cognitive Therapy (MBCT)

Mark Williams, University of Oxford

For information and to register, the registration form can be downloaded from:
<http://www.babcpconference.com>