



BABCP

BRITISH ASSOCIATION FOR
BEHAVIOURAL & COGNITIVE
PSYCHOTHERAPIES

Registered Charity No 1098704

Acceptance & Commitment Therapy Special Interest Group CPD Event

Speaker: Mark Webster

At the heart of Relational Frame Theory is the idea of Transformation of Functions (ToF), which is also at the heart of the ACT model. This experiential lecture will look at ToF, the links to the ACT model of psychopathology and demonstrate how this works in practice, particularly in Defusion. Participants will be see the principles that underpin ACT clinical style and how the focus on functions of language and behaviour become central targets for change.

There will also be time after the lecture to meet and network with other attendees.

Cost:

FREE

“The Heart of Acceptance & Commitment Therapy: Transformation of Functions” London Networking Event

**Friday 7th May 2010 2-
4.30pm**

**Pearson (North East
Entrance) Lecture
Theatre,**

**Pearson Building,
Gower St**

UCL

WC1E 6BT

Central London

*For more
information email
actsig@babcp.com*

This event is an opportunity for people interested in ACT to discuss practice and network for peer supervision. It is jointly hosted by UCL and the BABCP ACT Special Interest Group.

The event is free and open to all those with an interest in ACT (BABCP members and non-members are welcome). Please RSVP to give us a sense of the numbers for the afternoon: actsig@babcp.com

Directions: The nearest tube stations are Euston Square and Warren St. Map: <http://tinyurl.com/actldn1>